

West Leigh Autumn Term Menu – Week 2  
 09/09/24, 30/09/24, 21/10/24, 18/11/24, 09/12/24



Week Two	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meat Meal	Homemade Tomato and Vegetable Wholemeal Pasta Bake <b>G</b>	All Day Breakfast (Sausage, Beans, Hash Brown) <b>G,S</b>	Traditional Roast Chicken with Yorkshire Pudding <b>G, E, M</b>	Homemade Lasagne <b>G, M</b>	100% Fish Fingers <b>G, F</b>
Main Vegetarian Meal <b>V</b>	Jacket Potato (Choose from Baked Beans <b>VG</b> , Cheese <b>M</b> , Tuna Mayo <b>E, F</b> )	Vegetarian All Day Breakfast (Vegetarian Sausage, Beans, Hash Brown) <b>G, VG</b>	Quorn in vegetable gravy with Yorkshire Pudding <b>G, E, M, VG</b>	Homemade Vegetable and 5 Bean Lasagne <b>VG</b>	Vegetable and Cheese Bake <b>G, M</b>
Alternative Option	Granary Baguette with Cheese <b>M, G</b>	Jacket Potato (Choose from Baked Beans <b>VG</b> , Cheese <b>M</b> , Tuna Mayo <b>E, F</b> )	Granary Baguette with Egg Mayonnaise <b>G, E</b>	Jacket Potato (Choose from Baked Beans, Cheese <b>M</b> , Tuna Mayo <b>E, F</b> )	Granary Baguette with Salmon and Sweetcorn <b>G, F</b>
Accompaniments	Coleslaw <b>E</b> Salad Bar	Mushrooms Tomatoes Salad Bar	Roast Potatoes, Carrots / Peas Salad Bar	Garlic Bread <b>SS, M, G</b> Salad Bar	Potato Puffs Sweetcorn / Peas Salad Bar
Dessert	Fresh Fruit Yoghurt <b>M</b> Fruit Doughnuts <b>G,SB,SS,E,M</b>	Fresh Fruit Yoghurt <b>M</b> Fruity Flapjack <b>G</b>	Fresh Fruit Yoghurt <b>M</b> Chocolate Prune Cake <b>G, E</b>	Fresh Fruit Yoghurt <b>M</b> Fruit Biscuit <b>G</b>	Fresh Fruit Yogurt <b>M</b> Ice Cream <b>M</b>

Gluten free and other dietary needs available on request

Wholemeal Bread **G** available daily

Allergens Key

Celery	Cereals gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
<b>CE</b>	<b>G</b>	<b>CR</b>	<b>E</b>	<b>F</b>	<b>L</b>	<b>M</b>	<b>Mol</b>	<b>MU</b>	<b>N (tree)</b>	<b>P</b>	<b>SS</b>	<b>SB</b>	<b>S</b>

**VG = Vegan Friendly V= Vegetarian**