

What do I need?

Luggage

Only **one** bag and **one** rucksack. Make sure you can carry these yourself! Everything must fit into your daily rucksack and either a suitcase or holdall.

Clothes

You need enough clothes for **five** days

- T-shirts
- (shoulders and the tops of arms need to be covered)
- Warm tops / fleece
- Long walking trousers / jogging bottoms
- (no jeans or shorts for walking!)
- Sleepwear (The rooms are warm!)

You need enough spares of the above to last you for 5 days. It could be hot or cold, wet or dry – or all of these things together so come prepared!

You will want to change when you get back to the hostel into different clothes.

Footwear

- Walking boots or sturdy trainers
 - Trainers to wear around the hostel
- (Sliders/flip flops, bare feet and socks alone are unsuitable for general wear around the hostel due to the nature of the stone steps and surfaces.)

Toiletries

Towel and a wash bag to include:

- Soap or shower gel
- Shampoo
- Toothbrush and toothpaste
- Deodorant (Roll on)
- Hairbrush

For your Rucksack/Daysack

You will need to carry in it:

- Waterproof jacket / cagoule
- Small lunchbox
- One or two water bottles
- Suncream
- Sunhat

Snacks

Please keep snacks to a minimum.

Other

- Watch (at least one per dormitory)
- Wallet or purse for your pocket money.
- Pen and postage stamps for writing postcards home (children give them to school staff to post onward)
- You will probably want to take a camera.

Electronic cameras are not advised and are taken entirely at your own risk.

Bunk House:

If you are sleeping in the Bunkhouse you will also need a sleeping bag and pillow.