



Friday 4th October 2024

Dear Parents/Carers,

Since September 2020, all primary schools have been required to teach the relationships and health education as laid out by the Department for Education. Our policy is on our website, where you can find more information about our approach to the teaching of relationships, health and PSHE. I also recommend that you look at the following DfE guide, which sets out the requirements of the statutory curriculum clearly:

https://www.gov.uk/government/publications/relationships-sex-and-health-education-guides-for-schools?utm_medium=email&utm_source=govdelivery

All information regarding our approach to RSE and PSHE can be found on our website using the following link. This includes our curriculum long term plan as well as other useful information.

[PSHE & RSE | westleighjunior](#)

Please note that we teach all areas of relationships and health in an **age-appropriate manner**. Our long term plan is shown below, with topics that include health and relationships highlighted clearly. For example, in Year 3, our topics include learning about friendships and essential skills for keeping clean.

Key:	Relationships and Feelings		Living in the Wider World		Health and Wellbeing	
Term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	Why are friendships important?		Why is family life important?	How can we keep our bodies healthy?	How can I show respect?	What jobs would we like?
Year 4	How can I eat well?	What is bullying and what can we do about it?	What is the same and different about us?	How can I look after my body?	How can I describe and manage my emotions?	How can I manage my money?
Year 5	What does discrimination mean?	How can I make decisions to keep myself and others safe?	Who runs our country?	Which choices affect my health?	How do we grow and change? (RSE)	How should I respond in an emergency?
Year 6	How can we manage risk?	What do I need to know about drugs, alcohol and tobacco?	How can we look after and improve our mental wellbeing?	What are my rights and responsibilities?	What makes a healthy and happy relationship?	
Thriving Online						

In January I will hold parent meetings in order to share the lessons in more detail and show you the resources that we use in class. The meetings will be held on the following dates in the dining hall:

Years 3 and 4 – Tuesday 14th January 2024 2.30pm

Year 5 – Thursday 16th January 2024 2.30pm

Year 6 – Tuesday 21st January 2024 2.30pm

I will send a reminder of these dates nearer the time.





West Leigh Junior School

Principal: Mr M Aggus



CEO - Mrs C. Woolf

You cannot withdraw your child from Relationships Education as it is a statutory part of the curriculum and, of course, it is important that all children receive this content, covering important topics such as friendships and how to stay safe. Parents can withdraw their children from all or part of sex education (**that is only taught in Year 6**) that does not form part of the statutory National Curriculum. Please note that reproduction of plants and animals, including humans, is covered within our statutory Year 5 science curriculum. If you wish to withdraw your child from all or part of the school's sex education programme please contact me, although I advise attending the meeting first to find out what we will be covering.

I look forward to seeing you in January.

Yours sincerely,

Mrs C. London

Vice Principal



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